

Course Description

This course is designed for nurses working in the perianesthesia setting who plan to take the CPAN/CAPA Exam. The course will focus on core concepts defined by ASPAN™ for caring for all populations.

Key Learning Outcome

- After completing the program, 80% of participants will report an increase in knowledge and confidence necessary to pass the certification exam.

Program Objectives

This program prepares the learner to:

- Describe the CPAN/CAPA Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

The Test

CPAN and CAPA Test | Certification Preparation | Test-Taking Strategies

Practice Standards

The Professional Nurse | Overview of Perianesthesia Nursing and ASPAN Standards

Legal, Regulatory and Professional Issues

Legal Terms, Regulatory Bodies and Professional Issues

Assessment of the Perianesthesia Patient

Nursing Process in the Perianesthesia Setting | Perianesthesia Nursing Assessment

Age-Specific Care

Age-Specific Care in the Perianesthesia Setting

Patient Clinical Data Related to Perianesthesia Nursing

Fluid and Electrolyte Balance | Chemistry Labs | Hematology and Blood Transfusions

ABG Interpretation

Agenda

Day 2, 8:00 am to 4:45 pm

Anesthesia

Anesthetic Techniques and Blocks | Anesthetic Agents, Drugs and Adjuncts

Herbal Drugs and Homeopathic Treatments Related to Anesthesia Outcomes

Medications in the Perianesthesia Setting

Common Medications Used in Perianesthesia Nursing | Pain Management

Education

Patient and Family Education

Age-Specific Care

Age-Specific Care in the Perianesthesia Setting

Perianesthesia Complications

Airway Emergencies | Cardiovascular Emergencies | Hemodynamics | Neurologic Complications | Post-Op Nausea and Vomiting | Malignant Hyperthermia | Management of Hypothermia

Accreditation

RN/LPN/LVN/Other: 13.75 Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (**ANCC**).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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